

**Meeting Space**  
**First West Building, Suite #400**  
**Located in Lower Queen Anne Area of Seattle**



**Address: First West Building**  
200 1st Ave West, Suite #400, Seattle 98119

**Building Directory:**  
Suite #400 is labeled Seattle Therapy Alliance

**Building Specifics:**  
Name of Building - "First West" with a large flag pole out front

**Specific Directions:**  
The Building is located at the corner of 1st Ave WEST and John Street  
The WEST in the address is very important as there is also a 1st Ave north blocks away.

**Directions:**  
Coming from I-5 on Denny ~  
- Take Denny toward the water.  
- Denny turns into Western.  
- Denny bends slightly to the right where it turns into Western. The change from Denny to Western occurs after the intersection of Queen Anne Ave and Denny. Immediately after the bend, 1st Ave West will be on your right. The turn comes up quick. 1st Ave West is located across the street from the NorthWest Work Lofts.

**Parking Options:**  
1) There is pay-to-park street parking for two hour increments for \$2.00 per hour - credit card accepted.  
2) There is \$6.00 for all day parking on 1st Ave West attached to the First West Building (parking garage is located next to Buckley's). This is **CASH ONLY** parking, but can be a good alternative to the street parking which requires payment every two hours.